



# MENU

LUNCH // DINNER // LATE NIGHT



VEGETARIAN OPTION



POPULAR ITEM

KITCHEN OPEN UNTIL:  
MIDNIGHT SUNDAY THROUGH THURSDAY  
1AM FRIDAY & SATURDAY

2916 LYNDAL AVE SOUTH, MINNEAPOLIS, MINNESOTA 55408

① FREE PARKING IN BACK | +1 612 823 6233 | UPTOWNVFW.ORG | TAKE OUT AVAILABLE

# SHAREABLES

## CHICKEN WINGS

Choose from Buffalo, Jerk, Cajun Seasoning, BBQ, Royale Seasoning, or Asian BBQ.

Full Order \$11.99    Half Order \$6.99

## FRENCH FRIES

\$4.99

## TATER TOTS

\$4.99



## BAVARIAN PRETZEL

Served with Dijon Mustard.

\$7.99    Cheese Sauce +\$1

## WHISKEY BATTERED ONION RINGS

\$7.99

## HOUSEMADE LIME SALTED FLOUR TORTILLA CHIPS

Served with Salsa and Sour Cream.

\$5.99

## PANKO CHICKEN TENDERS

\$7.99

## FRIED GREEN BEANS

Served with Sweet and Sour Chili Sauce.

\$6.99

## WISCONSIN CHEESE CURDS

Served with Marinara.

\$7.99

## JALAPEÑO POPPERS

Served with Ranch Dressing.

\$8.99

## BATTERED SHRIMP OR COD

Served with Tartar, Red Hot Aioli.

\$10.99

## POUTINE

French Fries, Sausage Gravy, Fried Onions, Tomatoes, Cheese Sauce.

\$9.99

## BREAKFAST POUTINE

Breakfast Potatoes and Cheese Curds smothered in Sausage Gravy, topped with Scrambled Eggs, Fried Onions, and Tomato.

\$9.99

## GARLIC TOASTED CHIABATTA

Garlic, Provolone and Marinara.

\$6.99

## NACHOS

Housemade Lime Salted Flour Tortilla Chips, Pico De Gallo, Cheese Sauce, Salsa, and Sour Cream.

\$6.99    Chicken or Pork +\$1    Steak +\$2

# SIDES

## COLESLAW

\$2.99

## BAKED BEANS

\$2.99

## STEAMED BROCCOLI

Melted Cheddar, Fried Onions, Tomatoes, and Bacon.

\$8.99

## MAPLE GLAZED BRUSSELS SPROUTS

Melted Cheddar, Fried Onions, Tomatoes and Bacon.

\$8.99

---

# SALADS

All Salads Come with Garlic Toasted Ciabatta.

Add Seasoned Grilled Chicken Breast to any Salad for \$2

## HOUSE SALAD

Mixed Greens, Cherry Tomatoes, Cucumber, Red Onions and Croutons.

Large \$11.99    Small \$8.99

## CAESAR

Chopped Romaine, Parmesan, Croutons, Caesar Dressing.

Large \$11.99    Small \$8.99

## GREEK

Mixed Greens, Cherry Tomatoes, Cucumber, Red Onions, Kalamata Olives, Feta, Housemade Greek Vinaigrette.

Large \$11.99    Small \$8.99

## SPRING SPINACH

Spinach, Mixed Greens, Steamed Broccoli, Blue Cheese Crumbles, Candied Pecans, Craisins, Housemade Balsamic Vinaigrette.

Large \$13.99    Small \$9.99

## CHEF

Mixed Greens, Cherry Tomatoes, Red Onions, Cucumber, Avocado, Chopped Bacon, Ham, Seasoned Grilled Chicken, Hard Boiled Egg, Swiss Cheese, Blue Cheese Crumbles.

Large \$13.99    Small \$10.99

## HEARTY STEAK

Mixed Greens, Diced Tomatoes, Fried Onions, Steamed Broccoli, Rosemary Red Potato, Shaved Celery, Flank Steak, Blue Cheese Crumbles, Housemade Horseradish Vinaigrette.

Large \$15.99    Small \$11.99

---

# SOUPS

Cup \$3.99 // Bowl \$5.99

FULTON BEER CHEESE  
TOMATO BASIL  
BEEF CHILI

LATE NIGHT HAPPY HOUR: M, T, W 9PM-CLOSE  
DOMESTICS AND RAILS

\$3

# SANDWICHES

Sandwiches served with kettle chips.

**Substitute Fries or Tots for \$2**

**Onion Rings or Side Salad for \$2.50**

## CHICKEN CUTLET PARMESAN

Seasoned Chicken Breast, Bacon, Marinara, Sautéed Onions and Peppers, Green Leaf Lettuce, Tomato, Parmesan, Provolone, Garlic Dill Aioli on Toasted French Baguette.

**\$11.99**

## VEGGIE DREAM



Scalloped Potatoes, Sautéed Peppers and Onions, Steamed Broccoli, Baked Brussels Sprouts, Melted Cheddar, Avocado, Green Leaf Lettuce, Tomato, Garlic Dill Aioli on Toasted French Baguette.

**\$12.99**

## SHRIMP OR COD PO' BOY

Beer Battered Cod or Shrimp, Tartar, Cucumber, Green Leaf Lettuce, Tomato, Red Onions, Red Hot Aioli on a Hoagie Bun.

**\$7.99**

## TEXAS BBQ

Seasoned Flank Steak or Grilled Chicken, Tangy BBQ Sauce, Onion Rings, Melted Cheddar, and Coleslaw, on Toasted French Baguette.

**Steak \$11.99    Chicken \$9.99**

## BUFFALO CHICKEN

Seasoned Grilled Chicken Breast, Blue Cheese, Spicy Buffalo Sauce, Green Leaf Lettuce, Tomato, Fried Onions, and Shaved Celery on a Hoagie Bun.

**\$8.99**

## STEAK SUPPER

Flank Steak, Scalloped Potatoes, Melted Cheddar, Fried Onions, Gravy, Green Leaf Lettuce, Tomato, Horseradish, Garlic Dill Aioli on Toasted French Baguette.

**\$12.99**

## BBQ BAHN MI



Seasoned Flank Steak or Grilled Chicken Breast, Kimchi, Cucumber, Pickled Ginger, Red Onions, Jalapeño, Green Leaf Lettuce, Cilantro, Sweet and Sour Chili Sauce, Mayo, on Toasted Baguette.

**Steak \$13.99    Chicken \$11.99**

## THE GOBLER

Shaved Turkey Breast, Stuffing, Gravy, Cranberry Sauce, Green Leaf Lettuce, Tomato, Fried Onions, Garlic Dill Aioli on Toasted French Baguette.

**\$12.99**

## CHICKEN HONEY DIJON

Seasoned Grilled Chicken Breast, Bacon, Ham, Fried Onions, Swiss, Honey Dijon, Green Leaf Lettuce, Tomato, Avocado, and Garlic Dill Aioli on Toasted French Baguette.

**\$12.99**

## CUBANO

Pulled Pork, Ham, Swiss, Yellow Mustard, Pickle on Toasted Ciabatta.

**\$9.99**

## REUBEN OR RACHEL

Corned Beef or Turkey, Russian Dressing, Sauerkraut, Swiss on Toasted Rye.

**\$8.99**

## CLASSIC BLT

Bacon, Lettuce, Tomato and Mayo on Toasted Sourdough Bread.

**\$6.99**

## BALLENTINE CLUB

Shaved Turkey Breast, Ham, Bacon, Fried Onions, Avocado, Green Leaf Lettuce, Tomato, Garlic Dill Aioli on Toasted Baguette.

**\$11.99**

## GRILLED CHEESE

American, Cheddar, or Swiss Cheese on Garlic Toasted Sourdough.

**\$7.99    Bacon, or Avocado +\$2**

**Tomato, Broccoli, or Fried Onion +\$.50**

## EGG SALAD CROISSANT

Housemade Egg Salad, Chopped Bacon, Steamed Broccoli, Green Leaf Lettuce, Tomato, and Avocado on Toasted Croissant.

**\$7.99**

## DUBLIN SLIDERS

Three Corned Beef Sliders with Sauerkraut, Swiss Cheese and Russian Dressing.

**\$6.99**

---

# TEX MEX

All platters come with refried beans, house made chips, salsa and sour cream.

## TACO PLATTER

Pulled Pork, Jerk Chicken, Flank Steak or Black Beans, on 3 Flour Tortillas with Lettuce, Pico de Gallo, Refried Beans, Salsa, Sour Cream.

**Black Bean \$7.99**

**Chicken or Pork +\$1**

**Steak +\$2**

## CHIMICHANGA PLATTER



Large Flour Tortilla stuffed with Pulled Pork, Jerk Chicken, Flank Steak, or Black Beans with Sautéed Peppers, Onions and Deep Fried with Cheese Sauce, and Enchilada Sauce.

**Black Bean \$9.99**

**Chicken or Pork +\$1**

**Steak +\$2**

## QUESADILLA PLATTER

Sautéed Peppers and Onions served with Cheese Sauce, Pico de Gallo, Refried Beans, Cilantro Lime, and Enchilada Sauce.

**Black Bean \$7.99**

**Chicken or Pork +\$1**

**Steak +\$2**



JAMES BALLENTINE VFW POST 246  
UPTOWN, MINNEAPOLIS

James Ballentine VFW Post 246 provides a crucial link between veterans and the community of Minneapolis area. JB Post 246 links new age feel with old school principles. Our goal is to provide a place for veterans to come and have a sense of responsibility post military, while enhancing the surrounding community.

The Veterans of Foreign Wars of the United States is a nonprofit veterans service organization comprised of eligible veterans and military service members from the active, guard and reserve forces. We trace our roots back to 1899 when veterans of the Spanish-American War (1898) and the Philippine Insurrection (1899-1902) founded local organizations to secure rights and benefits for their service: Many arrived home wounded or sick. There was no medical care or veterans' pension for them, and they were left to care for themselves. In their misery, some of these veterans banded together and formed organizations that would eventually band together and become known as the Veterans of Foreign Wars of the United States. Today, membership stands at nearly 1.7 million members of the VFW and its Auxiliary.

ESTABLISHED 1919 [Learn more at UPTOWNVFW.ORG](http://UPTOWNVFW.ORG)

# PASTA

## CHEDDAR MAC N' CHEESE

Comes with garlic toasted ciabatta. Add any of: steamed broccoli, bacon, sautéed spinach, tomatoes, or chives.

**\$8.99** Chicken +\$2

## FETTUCCINE ALFREDO

Steamed Broccoli, Bacon, Sautéed Spinach, Tomatoes, or Chives. Add any of: steamed broccoli, bacon, sautéed spinach, tomatoes, or chives. Tomato alfredo available upon request.

**\$8.99** Chicken +\$2

# BURGERS

All our Burgers are 1/2 lb. Angus Beef Patties and come served with Kettle Chips.

Substitute Tots or Fries \$2

Onion Rings or Side Salad \$2.50

## CLASSIC

American, Cheddar, or Swiss Cheese, Green Leaf Lettuce, Red Onion and Tomato on Stadium Bun.

**\$8.99**

## DIRTBAG CHEESBURGER

American Cheese, Diced White Onion, Pickles, Ketchup, and Mustard on Stadium Bun.

**\$9.99**

## WHISKEY BACON BBQ

Melted Cheddar, Whiskey Battered Onion Ring, Bacon, Tangy BBQ Sauce, and Tomato on Stadium Bun.

**\$9.99**

## KIMCHI BURGER

Korean Kimchi, Pickled Red Onion, Pickled Ginger, Jalapeño, Cilantro, Mayo, Green Leaf Lettuce, Tomato, Sweet and Sour Chili Sauce, and Fried Egg on Stadium Bun.

**\$11.99**

## PATTY MELT

Fried Onions, Swiss Cheese on Rye Toast.

**\$8.99**

## VEGGIE BLACK BEAN

Black Bean Patty, Steamed Broccoli, Fried Onion, Melted Cheddar, Avocado, Green Leaf Lettuce, Tomato, and Garlic Dill Aioli.

**\$9.99**

## VFW HOURS

MONDAY \_\_\_\_\_ 11am - 2am

TUESDAY \_\_\_\_\_ 11am - 2am

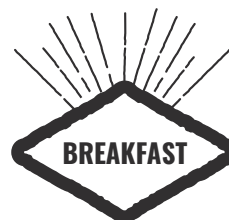
WEDNESDAY \_\_\_\_\_ 11am - 2am

THURSDAY \_\_\_\_\_ 11am - 2am

FRIDAY \_\_\_\_\_ 11am - 2am

SATURDAY \_\_\_\_\_ 8am - 2am

SUNDAY \_\_\_\_\_ 8am - 2am



WEEKENDS FROM 8AM - 3PM



\*ASK ABOUT GIFT CARDS\*



FIND US ON



LIVE MUSIC - KARAOKE - BINGO - PULLTABS  
...AND MORE